



**Fairbanks**  
Experts in addictions. Focused on recovery.



## The Ninth Annual Susan Li Conference

### THE REVOLUTION OF ADDICTION, TREATMENT AND RECOVERY

**Thursday & Friday, July 14-15, 2016**

**Fairbanks Recovery Center**  
**8102A Clearvista Parkway | Indianapolis, IN 46256**

Join Fairbanks and other experts in the field of addiction treatment and recovery for this annual two-day conference for professionals and students. The Susan Li Conference is designed to provide insight and education about the most relevant and evidence-based topics to support and educate those providing treatment and recovery services.

The conference honors Susan N. Li, a licensed clinical social worker and mental health therapist with over 35 years of clinical and administrative experience in mental health and substance abuse disorders. Susan was recognized for her many contributions to these fields at the 2008 Susan Li Conference luncheon. The Susan Li Conference is made possible by a donation to Fairbanks in honor of Susan's continuing contributions to the field of addiction.

To register, visit [www.fairbankscd.org/susan-li-conference](http://www.fairbankscd.org/susan-li-conference).

# CONFERENCE SCHEDULE

Thursday, July 14 and Friday, July 15, 2016

## THURSDAY, JULY 14, 2016

### 8–8:30 a.m.

Registration and Breakfast

### 8:30–9 a.m. Main Floor, Rooms 128/158

Welcome and Overview of the Day

**Kent L. Brown, FACHE**, Fairbanks President and CEO

### 9–10:30 a.m. Main Floor, Rooms 128/158 | CE credits: 1.5

#### KEYNOTE

*The Impact of Substance Abuse on Public Safety*

**John Hill**

Substance Abuse continues to strain the limited resources of state and local law enforcement agencies. Public safety officials must ensure that the communities they serve are protected.

This session will discuss innovative criminal justice programs, such as drug treatment courts, veterans' courts, and enhanced probation programs for low-level offenders that provide a treatment-focused alternative to incarceration for certain non-violent offenders.

#### Participants in this session will:

- Gain insight into how substance abuse impacts public safety
- Understand the impact of substance abuse on local and national levels
- Learn strategies to collaborate with local public safety officials to keep communities safe

### 10:30–10:45 a.m. — Break

### 10:45 a.m.–12:15 p.m.

Breakout Sessions (choose one of two) | CE credits: 1.5 each

#### Session A: Main Floor, Rooms 128/158

*Attachment, Trauma and Addiction: The Role of Mentalizing in Treatment*

**K. Brynolf Lyon, Ph.D., LMHC, CGP**

This session explores the research on attachment trauma and addiction. Special attention will be given to the impoverishment of mentalizing abilities in such processes and the task of therapy in addressing mentalizing deficits.

#### Participants in this session will:

- Learn how attachment trauma and addiction are related
- Understand mentalizing deficits
- Explore the ways mentalizing-based therapy can assist addiction treatment

#### Session B: Upstairs, Room 219

*Utilizing Certified Recovery Specialists/Recovery Coaches to Achieve Long Term Recovery for Clients*

**Jill Fuqua, BA, CHW, CRS**

Peer specialists have a wealth of experience navigating their own recovery journeys. By sharing their stories and modeling healthy behaviors, they can inspire others to do the same. In this presentation, learn about the power of peer support and its unique role in helping clients achieve recovery.

#### Participants in this session will:

- Gain insight about informal and formal peer support
- Learn about peer services offered in Indiana
- Understand the role of the CHW/CRS and a Recovery Coach
- Recognize how peer support services will benefit your client and/or agency

### 12:15–1 p.m. Lobby

Lunch Provided

#### New! – Hidden in Plain Sight Display

During lunch, the Hidden in Plain Sight display will be available to view. Hidden in Plain Sight is a "mock" bedroom of a teenager. The bedroom is used as an educational tool to inform adults and parents where teens hide drugs, alcohol, paraphernalia, and harmful items used for cutting, etc. This display is restricted to adults 21 years and older.

### 1–2:30 p.m. Main Floor, Rooms 128/158 | CE credits: 1.5

#### GENERAL SESSION

*Population Health: Improving our Community's Health through Collaboration*

**Kent L. Brown, FACHE**, Fairbanks President and CEO

The goal of population health is to improve the health of a group of individuals. As healthcare reimbursement becomes increasingly tied to outcomes; more systems will collaborate to improve the health of a defined population. This presentation will focus on why population health is the future of healthcare, strategies to implementing a successful population health model and the impact on healthcare organizations.

#### Participants in this session will:

- Understand the definition of population health and how healthcare organizations will be impacted
- Learn about the four components needed to implement a sustainable population health model: data control, healthcare analytics, care coordination and management, and wellness and patient engagement
- Discuss successful population health models

### 2:30–2:45 p.m. — Break

### 2:45–4:15 p.m.

Breakout Sessions (choose one of two) | CE credits: 1.5 each

#### Session A: Main Floor, Rooms 128/158

*Unmasking Our Hidden Biases: The Journey to Culturally Responsive Healthcare*

**David A. Suzuki, Ph.D.**

Everyone has biases of some sort — some are explicit and, with introspection, identifiable. Other biases are implicit and unconscious. These implicit biases can be attributed to the cultural conditioning that shapes how one looks at the world and especially at those who are "different". Most people genuinely believe that they are "not racist" or "not homophobic" or "not sexist" or "not ..." and are thus surprised when accused of being intolerant or behaving in an offensive manner. In order to initiate the personal journey to become a culturally responsive professional, one must first unmask hidden biases.

**Participants in this session will:**

- Understand the differences between explicit and implicit biases
- Learn how to unmask implicit biases
- Gain insights into the unconscious biases that impact healthcare delivery
- Learn strategies for reducing implicit biases

**Session B: Upstairs, Room 219**

**Harm Reduction Works!**

**Christopher Abert**

The speaker will discuss the history and principles of harm reduction, Indiana's harm reduction initiatives, syringe access, Naloxone, and harm reduction and the abstinence only model.

**Participants in this session will:**

- Learn about harm reduction and the abstinence only model
- Gain knowledge about harm reduction in Indiana (syringe access and Naloxone)
- Understand harm reduction history and principles

## FRIDAY, JULY 15, 2016

**8-8:30 a.m.**

Breakfast and Networking

**8:30-10 a.m. Main Floor, Rooms 128/158 | CE credits: 1.5**  
**KEYNOTE**

***The Protective Wall of Human Community: The New Science on the Effects and Mechanisms of Recovery Mutual Help Organizations and Clinical Interventions Facilitating their Use***  
**John F. Kelly, Ph.D., ABPP**

Mutual-help organizations (MHOs), such as Alcoholics Anonymous, Narcotics Anonymous, SMART Recovery and many others, are a part of the de facto system of care addressing substance use disorders (SUD) in the United States. Despite existing for many decades, however, it is only relatively recently that rigorous scientific attention has been devoted to studying the recovery benefits derived from participation in MHOs such as AA and in developing and testing clinical interventions to effectively link patients with them. This keynote address provides an overview of the empirical clinical research conducted on MHOs, including the latest results from randomized controlled trials, quasi-experiments, and cost-effectiveness studies. Mechanisms research showing exactly how MHOs such as AA confer therapeutic effects to aid long-term recovery will also be highlighted. The implications of these findings for clinical practice and for informing recovery pathways more broadly will be discussed.

**Participants in this session will:**

- List three major mutual-help organizations (MHOs) and their prevalence and approach to remission and recovery
- Describe the evidence for the clinical efficacy and health care cost offsets related to interventions designed to enhance patients' participation with MHOs
- List the mechanisms through MHOs confer benefit and describe how these mechanisms may differ depending on other patients characteristics

**10-10:15 a.m. — Break**

**10:15-11:45 a.m.**

**Breakout Sessions (choose one of two) | CE credits: 1.5 each**

**Session A: Main Floor, Rooms 128/158**

**ICAN HEAL**

**Sally Irvin, Ph.D.**

The speaker will discuss how service dogs or pet therapy dogs may be incorporated in the treatment of people living with an addiction.

**Participants in this session will:**

- Gain knowledge about the role of service and therapy dogs in the treatment of addictions
- Gain an understanding of "how" interacting with a service dog may augment the treatment of co-occurring anxiety and depression while creating a bridge to others

**Session B: Upstairs, Room 219**

***Telemedicine: Improving the Access to Mental Healthcare and Primary Healthcare***

**Joseph P. Lisanti, D.O.**

The speaker will discuss the evolution of telemedicine and how its growth has increased the access to care for patient in the areas of mental health and primary care.

**Participants in this session will:**

- Understand the definition of telemedicine
- Understand the application of telemedicine in mental healthcare
- Understand the application of telemedicine in primary care

**11:45 a.m.-12:30 p.m. Lobby**

Lunch Provided

**12:30-2 p.m. Main Floor, Rooms 128/158 | CE credits: 1.5**

**GENERAL SESSION**

***A Revolutionary Response to Addiction***

**Robin Parsons, MS, LMHC, LCAC**

The opiate addiction crisis has forced health care professionals to better understand the disease of addiction and how it is treated. Evidence demonstrates that past methods for treating addiction demand revision and updating. This presentation will focus on newly-developed strategies at both state and local levels to address the opiate epidemic and inspire healthcare professionals to think about the response to addiction in new ways that are based on evidence.

**Participants in this session will:**

- Learn local and national priorities to address the addiction epidemic
- Gain knowledge of new research that may change how addiction is treated in the future
- Understand the importance and need for healthcare professionals to become advocates for change.

**2-2:15 p.m. — Break**

**2:15-3:45 p.m.**

**Breakout Sessions (choose one of two) | CE credits: 1.5 each**

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**Session A: Main Floor, Rooms 128/158**

**Addiction Medicine: The Good, The Bad and The Ugly**  
**Darrin Mangiacarne, D.O., MPH, CPE**

Physicians have prescribed opioids for pain management for many years. Unfortunately, most physicians do not understand the consequences of prescribing opioids for chronic pain. This presentation will provide a history of opioid medications, education on proper prescribing methods, and alternatives for treating chronic pain.

**Participants in this session will:**

- Determine when and how to safely and legally prescribe opioids
- Discuss effective options other than opioids that may be used as part of a pain treatment plan
- Discuss common mistakes and pitfalls that can happen with pain management
- Determine when a patient should be referred to an addiction treatment program

**Session B: Upstairs, Room 219**

**Enhancing the College Experience for Students in Recovery**  
**Sarah Nerad, MPA**

Collegiate Recovery Programs (CRPS) are a growing trend on college campuses across the country. Over 150 schools are recognizing the need for and benefits of supporting students in recovery from drug and alcohol addiction. Learn about the history of CRPS, how Ohio State built their program and how to support their expansion in Indiana.

**Participants in this session will:**

- Learn the definition of a collegiate recovery program and their benefits
- Understand the needs and challenges of being in recovery on a college campus
- Discuss elevating collegiate recovery programs in their state

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For special needs or accommodations, participants may contact Molly Burns at 317.572.9318 or [mburns@fairbanksd.org](mailto:mburns@fairbanksd.org)

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**KEYNOTE SPEAKER**

**JOHN H. HILL**

**INDIANA DEPUTY CHIEF OF STAFF FOR PUBLIC SAFETY**



*The Impact of Substance Abuse on Public Safety*

Governor Mike Pence appointed John H. Hill as his deputy chief of staff for public safety on July 10, 2014. Mr. Hill oversees all of the state's public safety agencies, including Indiana Department of

Homeland Security, Indiana Department of Correction, Alcohol, Tobacco Commission, Indiana Criminal Justice Institute, Indiana Law Enforcement Academy, Indiana Parole Board, Integrated Public Safety Commission, Indiana State Excise Police, Indiana State Police, Indiana National Guard, State Armory Board, Coroner's Training Board and the Indiana Toxicology Lab.

Mr. Hill has more than 38 years in public service at the federal and state levels. He was a member of the Indiana State Police for 29 years, working in both public safety and highway safety. He also served as the Field Enforcement Division Commander and was later asked to start the State Police's new Motor Carrier Division, where he also served as its leader.

At the federal level, Mr. Hill was involved in national preparedness and response to terrorism, pandemic influenza and natural disasters. He served as the U.S. Department of Transportation Secretary's personal representative for transportation matters in Mississippi and Louisiana following Hurricane Katrina.

**KEYNOTE SPEAKER**

**JOHN F. KELLY PH.D. ABPP**



*The Protective Wall of Human Community: The new science on the effects and mechanisms of recovery mutual-help organizations and clinical interventions*

Dr. Kelly is the Elizabeth R. Spallin Associate Professor of Psychiatry in Addiction

Medicine at Harvard Medical School—the first endowed professor in addiction medicine at Harvard. He is also the founder and Director of the Recovery Research Institute at the Massachusetts General Hospital (MGH), the Program Director of the Addiction Recovery Management Service (ARMS) and the Associate Director of the Center for Addiction Medicine at MGH.

Dr. Kelly is a former President of the American Psychological Association (APA) Society of Addiction Psychology and a Fellow of the APA. He is also a diplomat of the American Board of Professional Psychology. He has served as a consultant to U.S. federal agencies and non-federal institutions, and foreign governments. His clinical and research work has focused on addiction treatment and the recovery process, mechanisms of behavior change, and in reducing stigma and discrimination among individuals suffering from addiction.