

OUTPATIENT PROGRAMS



Flexible, Customized Support

Outpatient care allows patients to incorporate treatment into their life while still maintaining employment, attending school or staying connected to family.

Medication-Assisted Treatment (MAT)

Patients will receive support and prescription guidance from our staff of doctors and nurses. Because research shows that medication is most effective when combined with counseling, we require involvement in recovery treatment programming if receiving medication through our physicians.

Partial Hospitalization (PHP)

For medically stable individuals who live in a supportive environment and have access to reliable transportation, PHP is comparable to inpatient care, but allows a patient to return home nightly.

Intensive Outpatient (IOP)

Requiring group therapy several days or evenings per week, IOP provides both flexibility and structure to patients. Education is offered to individuals and their loved ones through special weekly family programming. Individuals are expected to participate in a recovery group. Special groups are available for chronic relapse patients.

Origins: Treating Women With Trauma and Addiction

This treatment curriculum addresses trauma in female patients that's co-occurring with addiction disorders. Evidence-based practices including Cognitive Behavioral Therapy (CBT), Eye Movement Desensitization and Reprocessing (EMDR), Dialectical Behavior Therapy (DBT), Seeking Safety and yoga are utilized.

Level One

Level One Outpatient Therapy Groups meet one hour weekly for 12 weeks. Frequency and duration may be adjusted to meet patient needs. The group's focus is substance abuse treatment and associated issues that cause moderate impairment in the individual's life. Treatment goals will address lifestyle, attitudinal and behavioral issues that are interfering with functioning or recovery.



For more information go online or call.

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