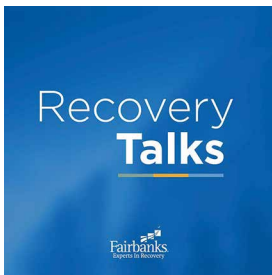




Fairbanks launches podcast to shine spotlight on addiction topics



Fairbanks has started a podcast titled "Recovery Talks: A Fairbanks Podcast." The podcast, aimed at educating individuals and the families of individuals who are dealing with addiction, features in-depth conversations on substance-use disorder and recovery with licensed and credentialed treatment and recovery doctors and clinicians.

The Recovery Talks podcast is available now for listeners at FairbanksRecovery.org, iTunes

and Google Play. Podcasts are hosted by Kathleen Gill, alumni relations officer at Fairbanks, and air monthly. The first three episodes, now available, include:

1. Fairbanks: Experts in Recovery
2. Fairbanks Adolescent Services
3. Fairbanks Employer Services

"For decades, Fairbanks Treatment and Recovery Center has helped Hoosiers overcome substance-use disorders and get their lives on the right track," Gill said. "The podcast is one more way we can reach those who struggle with addiction and assist them in getting the care and services they need to start on their journey to recovery."

Episodes planned for the future include topics like:

- History and future of addiction and recovery in Indianapolis
- The opioid epidemic
- The workplace and substance use
- How to help employees get help
- Drug use in adolescents
- How to talk to your kids about drugs and alcohol

For more information about Fairbanks Treatment and Recovery Center or Recovery Talks: A Fairbanks Podcast, visit FairbanksRecovery.org or follow Fairbanks on Facebook, Instagram and Twitter at [@FairbanksCD](https://www.instagram.com/FairbanksCD) and LinkedIn at Fairbanks Addiction Treatment Center.



Kathleen Gill (center) interviews Hope Academy COO Rachelle Gardner (right) and Mindy Miller (left), Fairbanks' manager of inpatient services, about adolescent substance abuse for a podcast.

Fairbanks is a nonprofit alcohol and drug treatment center. Our mission is to inspire hope and transform lives as the experts in addiction, focused on recovery.

Newsletter | WINTER 2018-19



3

Susan Li Conference:
Focus on adolescent addiction and recovery



5

Dr. Ting-Kai Li:
Remembering former Fairbanks board member and researcher



6

Employee Spotlight:
Edgar "Junior" Meyer

- 2 ... President's message
- ... Fairbanks offers adolescent helpline
- 3 ... Susan Li Conference recap
- ... Hope Academy receives grants
- 4 ... National Recovery Month
- ... David Herzog joins Board of Directors
- 5 ... Give the gift of hope and recovery
- ... Remembering Dr. Ting-Kai Li
- 6 ... Employee spotlight: Edgar Meyer
- ... Family counselor talks interventions
- 7 ... Fairbanks names new medical director
- ... Dr. Dennis K. Rhyne returns to staff
- ... Outpatient addiction treatment online
- ... New chief nursing officer

A MESSAGE FROM THE PRESIDENT AND CEO

Happy New Year! I am excited to bring in 2019 announcing that Dr. Andy Sonderman has been named our new medical director. Dr. Sonderman is a certified addictionologist who brings to Fairbank a wealth of experience and talent.

Our new two-year strategic plan is underway and I could not be more excited about the future here at Fairbanks. We will be focusing on four major strategies as we move forward to bring our professional, evidence-based recovery services to more people in more ways.

These four areas of focus include:

1. To serve new markets through improving accessibility of services, tailoring services to the needs of Indiana employers, increasing the number of services and participating insurance plans and provide addiction treatment programs tailored to complement hospitals' behavioral health offerings. In addition, we plan to provide more funds for patient assistance.
2. To improve patient and family satisfaction through our culture, through continuous customer service improvement, by increasing employee engagement and finding opportunities to serve more individuals in our community through new services and technologies.
3. To streamline vital processes such as by establishing a new service-quality management system, evaluating the performance of all our service lines, developing a long-range space and capital plan and using data for better decision-making throughout the organization.
4. To reach out to our community by making more people aware of the services Fairbanks offers, to increase the knowledge of addiction, addiction treatment and long-term recovery, expand services into new geographic areas and work to strengthen knowledge of the value of addiction treatment and recovery.

Already in only the past few months we have seen the results of the strategic plan put into place. Fairbanks now has telemedicine options. We now offer the state's only credentialed online intensive outpatient program to allow those who, because of distance or work circumstances, wouldn't be able to attend a traditional IOP onsite. We also welcomed back Dr. Dennis Rhyme, psychiatrist and addictionologist, who will be working on site as well as doing telemedicine. An agreement has been signed with Trigr Health for a recovery management application. This is a relapse prevention platform that will be both an outcomes management and referral tool, which would be offered to our clients at no additional cost. The Fairbanks medication-assisted treatment program continues to expand.

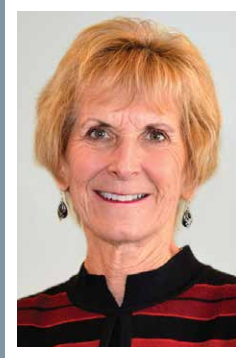
These are just a few of the positive changes for Fairbanks at the beginning of 2019. To find out more, visit our website at fairbanksrecovery.org and read more about our new strategic plan as well as keep up on the new programs and services we offer.

The work of Fairbanks has never been more vital than it is today. We have much work ahead of us to continue to provide the best in a full continuum of care in treatment in recovery, but together we can!

Sincerely,



Barb Elliott
President and CEO



New adolescent helpline

Fairbanks has debuted a new adolescent helpline for parents and others who want to help teens who are using drugs and alcohol.

The helpline is focused on adolescents and males ages 19-24 who are struggling with substance-use disorder (SUD). Anyone may call the helpline at 317.691.7119 between 8 a.m. and 4:30 p.m. Monday-Friday to talk with trained counselors.

"It often takes extra time and help in taking these types of calls," Jackie Lewis, Fairbanks' Access Center ICM manager, said. "Given our knowledge of the adolescent programs at Fairbanks and our experience in working with this age group, we're better equipped at answering any questions parents or referral sources may have."

Lewis will primarily answer calls to the helpline. She said calls into Fairbanks about this age group generally encompass a variety of inquiries.

"Many parents are seeking help on deciding what to do with their child," Lewis said. "Most of the time they have no idea what the process is for treatment. We spend a lot of time helping them understand how it works. That can also include coaching them on getting a child who isn't even aware their parent is contacting us to agree to come to treatment."

With adolescents and young adults, their SUD typically creates crises within their families, but the person in need of treatment doesn't necessarily see it that way.

"It's basically families saying, 'This can't continue,' "
Lewis said. "You have to lay down expectations and
let them make a decision. But that's not often easy.
You kind of have to meet parents where they're at
and guide them to what needs to happen."

That doesn't necessarily mean the transition from chaos to treatment is immediate.

"It can sometimes take four or five calls from parents before they decide something needs to be done," Lewis said. "That's why extra care often needs to be taken with this demographic. It can take a while to convince someone that young that there needs to be a change."

Other times it's still early in the young person's adverse behavior, in which case Lewis cautions, "If you don't address this now, you potentially run the risk of things snowballing into something worse. There needs to be structure and education utilized to not go down that path."

Fairbanks also offers both inpatient and outpatient programming geared toward adolescents and young adults, as well as a recovery high school. That includes the Odyssey Program for men ages 19-24 and Hope Academy, a fully-accredited, tuition-free public charter high school that allows students recovering from drug and alcohol substance-use issues to earn their Core 40 diploma in a supportive environment.

HELPLINE: 317.691.7119

Susan Li Conference focuses on adolescent addiction and recovery



The 2018 Susan Li Conference, held July 19-20 at Hope Academy, featured keynote presentations by Austin Eubanks, COO of Foundry Treatment Center and a survivor of the Columbine shooting, and Greg Williams, documentary filmmaker and co-founder of Facing Addiction.

The conference was attended by 130 individuals from the addiction treatment and judicial communities, and other recovery advocates. This year's theme was "Young People, Addiction and Recovery."

Eubanks described the day of the Columbine High School shooting in 1999, when 12 students and a teacher were killed and 21 injured before the two shooters committed suicide. Eubanks was shot in the hand and knee. His best friend was one of the victims.

Before that event Eubanks says he had never drank or smoked. After being heavily medicated with narcotics while recovering from his injuries, he began abusing opioids to deal with his trauma. Despite building a successful career and starting a family, Eubanks' substance abuse reached the point that at age 29 he woke in a jail cell not remembering how he got there.

"My life was Grand Theft Auto without the controller," he said.

A year-plus stay at a therapeutic community led to Eubanks becoming a recovery advocate. In his opinion, it's not just opioids and illicit drugs (which are also getting more toxic) that are fueling a rise in addiction. It's also technology—from the devices and social media woven into our daily lives to the ease with which people can obtain illicit drugs using the dark web.

"We're programming an entire generation to addictive behavior, at a time when drugs are more plentiful and deadlier than ever," Eubanks said. "We're more disconnected as a culture than we've ever been. The only way forward is how we respond to the demand, starting with our youth."

Hope Academy receives grants from area organizations

Hope Academy was recently awarded grants from the Junior League of Indianapolis (JLI) and The Hamilton County Community Foundation, a fund of The Indianapolis Foundation.

Hope Academy received \$10,000 from JLI. They were one of 10 central Indiana nonprofit organizations awarded grants from the Junior League of Indianapolis as part of its Community Assistance Grants program. This year the JLI's community impact focus was on preparing students for academic success. The organization—comprised of women committed to promoting volunteerism,

Williams talked about his abuse of opiates and benzodiazepines as a teenager, culminating in a near-fatal car accident in 2001. That landed him in a psychiatric unit and then an adolescent chemical dependency program.

"I'm very grateful to be alive," Williams said. "I really believe that if I was still using, I wouldn't be alive today, especially with how opioids have evolved with things like fentanyl."

After finding recovery, Williams studied media production at the University of Colorado. A prevailing stigma surrounding addiction convinced him to use his talents to better tell the story of recovery.

"People just didn't believe that people could get well," Williams said. "We perceive addiction to be whatever's in the daily police blotter. That's how we've always responded to it. Not enough people know about the 23 million Americans in recovery."



In 2013 Williams released the documentary "The Anonymous People," which featured interviews with people in recovery from around the country. His most recent film is 2016's "Generation Found," about people uniting to take on youth addiction in their community.

Just because Williams has made a career out of fighting the stigma against addiction doesn't mean he never struggled with it himself.

Indeed, Williams didn't disclose his own sobriety for the first six years, worried that doing so would close doors to future opportunities.

"I've had nothing but doors open as a result of disclosing my recovery status," said Williams, who also co-founded the nonprofit advocacy group Facing Addiction and served as campaign director and an executive producer of the Unite to Face Addiction Rally on Washington, D.C.'s National Mall. "What I try to do today is help empower others. That's the work ahead of us. If we have frustrations with the system, the core problem is we haven't empowered those who can speak for those who can't."

1. Austin Eubanks talks about surviving the Columbine shooting and subsequent addiction.
2. Greg Williams works to break down the stigma around addiction by chronicling stories of recovery as a documentary filmmaker.

developing the potential of women and improving the community through the effective action and leadership of trained volunteers—awarded \$200,000 to area nonprofits this year. Since 1994, they've given more than \$1.2 million in Community Assistance Grants.

The Hamilton County Community Foundation, a fund of The Indianapolis Foundation, awarded Hope Academy a \$6,000 grant to support helping Hamilton County youth begin their recovery journey.

Fairbanks celebrates National Recovery Month with ride and rally

Fairbanks, the Indiana Addictions Issues Coalition and the Indiana Family and Social Services Administration kicked off National Recovery Month by hosting a recovery ride and coloring of the Indianapolis Canal on September 2.

The recovery ride started from South Side Harley Davidson and included a police escort around I-465 before ending at the Ohio Basin of the Indianapolis Canal.



Kathleen Gill, alumni relations officer for Fairbanks, emceed the ceremony for the coloring of the canal. The event also included Brandon George, executive director of the Indiana Addictions Issues Coalition. He handed out annual awards for recovery advocates. Among those honored were Kim Manlove, former IAIC director, with a lifetime

achievement award; and Matt Heskett, Fairbanks employer services coordinator, as a recovery advocate of the year.

“The month of September is National Recovery Month,” Gill said. “It is a time to focus on increasing awareness that recovery from substance-use disorders is possible and that treatment works. It’s also a time to break the stigma and shame that society places on this disease, a time to educate our community and a time to spread the word and celebrate the success stories of those in recovery and of the families who support them.”

Above: Justin Phillips (from left), Barbara Elliott, Woody Wethington and Melisa Cole pose for a photo after pouring dye into the Indianapolis Canal to turn it purple for National Recovery Month.

With the magnitude of the opioid crisis, Gill noted it’s increasingly difficult to find someone who hasn’t been affected by addiction personally. She emphasized Fairbanks’ motto of “together we can” in describing the recovery community’s efforts to help individuals reclaim their lives from addiction.

“Our community is making great strides as we build stronger partnerships across prevention, treatment, recovery support services, public health and public safety organizations,” Gill said to the hundreds gathered at the Indianapolis Canal. “It is through these partnerships that we will be able to increase the foundation needed to address the disease of addiction that is tearing apart our communities, our families and our loved ones.”

Fairbanks President and CEO Barbara Elliott read a proclamation from Indiana Governor Eric Holcomb declaring September as National Recovery Month before dye was poured into the canal to turn it purple. The color is associated with recovery because ancient Greeks believed the purple semi-precious stone amethyst had the power to prevent intoxication. The amethyst is also the stone of transformation.

Honorary dye pourers were Barbara Elliott; Justin Phillips, executive director of Overdose Lifeline, Inc.; Amy Brinkley, head of the Indiana Recovery Council and bureau chief for the Indiana Division of Mental Health and Addiction; Melisa Cole, an alumna, volunteer and now Fairbanks employee; and Woody Wethington, a Fairbanks alumnus who now works as a recovery coach at Community Hospital North.

The recovery month kickoff also included food from Jug’s Catering and live music.

National Recovery Month was started by the Substance Abuse and Mental Health Services Administration to celebrate the millions of Americans who live their lives in recovery from mental and substance-use disorders and honor those working to make recovery possible, while also taking the time to remember the people who lost their lives and those who still need help. More information on National Recovery Month may be found online at RecoveryMonth.gov.

David Herzog joins Fairbanks Board of Directors

Fairbanks welcomes David K. Herzog to its board of directors.

Mr. Herzog is a partner at Faegre Baker Daniels LLP in Indianapolis. He has served as a lawyer for businesses in varying industries for over 40 years. He also was executive vice president, general counsel and secretary of Consecro, Inc., in the early 2000s.

He graduated summa cum laude with a bachelor’s of arts degree from Wabash College and served as commencement speaker in 1977. Mr. Herzog earned a Doctor of Jurisprudence degree in 1980 from Vanderbilt University Law School. He has been named among the Best Lawyers in America multiple times.

His other civic activities have included the Indy Jazz Fest and serving on the Christian Theological Seminary’s Board of Trustees, including as chair from 2006-11.



Give the gift of hope and recovery

Donations to Fairbanks save lives! As a nonprofit organization, Fairbanks relies on donations to continue our mission of inspiring hope and transforming lives. A contribution to Fairbanks makes care, resources and support available for people seeking help throughout their recovery journey.

Your donation to Fairbanks will help:

- Individuals who are lost and struggling with their addiction discover hope and begin their journey as they enter treatment.
- Families find support from one another at a time when they often feel alone.
- Patients transition from one level of care to the next, strengthening their recovery one day at a time.
- Alumni and volunteers share their experience, strength and hope and put a face and a voice to recovery.
- Physicians, nurses and counselors create individualized treatment plans to ensure each patient receives the highest quality of care.

Your monthly gift can add up over time!

Please consider a gift of \$25 or more each month to Fairbanks or Hope Academy and help those served and their families begin the healing process and embrace a new life in recovery.

How can you make a donation?

- Visit our website at FairbanksRecovery.org.
- Mail a donation to Fairbanks at 8102 Clearvista Parkway, Indianapolis, IN 46256 to the attention of Yvonne Matlock.
- Contact Yvonne Matlock, Fairbanks annual giving officer, at 317.572.9384 or ymatlock@fairbanksed.org.

Planned Giving

Please consider designating a legacy gift through your will. It's as easy as including language similar to below:

"I, [name], of [city, state, zip], give, devise and bequeath [___] % of the rest residue and remainder of my estate to Fairbanks Hospital, Inc. dba Fairbanks, an Indiana not-for-profit corporation and a nonprofit corporation as described in Section 501(c)(3) of the Internal Revenue Code of 1986, as amended (the "Code"), as well as a public charity. Fairbanks is located at 8102 Clearvista Parkway, Indianapolis, IN 46256. This gift is made to help further the general objectives and purposes of Fairbanks Hospital."

Donor Advised Funds

If you have a Donor Advised Fund (DAF), you can recommend grants from your DAF to Fairbanks or Hope Academy to support our programs and services. You can set up a DAF with Fidelity Charitable, Schwab Charitable, BNY Mellon and other similar institutions to benefit from an immediate tax deduction. Then watch your charitable investment account grow, which will allow you to give more to your favorite charities. Contact your investment advisor to see if a DAF would work for you.

For more information regarding planned giving, please contact Leigh Ann Erickson, director of development and alumni relations, at 317.572.9398 or lerickson@fairbanksed.org; or Mariann Williams, individual giving officer, at 317.572.9391 or mwilliams@fairbanksed.org.

Remembering former Fairbanks board member, renowned researcher

Fairbanks is saddened by the passing of Dr. Ting-Kai Li, a former board member of our organization and a renowned researcher on alcoholism.

Dr. Li died November 18, 2018, at Duke University Hospital in Durham at the age of 84. He was born on November 13, 1934, in Nanjing China, to the late Chao and Lily Sie Li.

Throughout his distinguished research career, Dr. Li was at the center of advances that transformed not only how the scientific community investigates the effects of alcohol on the brain and body, but also how alcoholism is genetically influenced. Early in his career, he conducted research at the Nobel Medical Research and Karolinska



Institutes in Stockholm, Sweden, before becoming deputy director of the Department of Biochemistry at the Walter Reed Army Institute. There, he rose to the level of lieutenant colonel during the Vietnam War.

Dr. Li served at Indiana University School of Medicine for 31 years, and was the distinguished professor and the associate dean for research. The author of over 500 journal articles and book chapters, he was elected to membership in the Institute of Medicine of the National Academy of Sciences in 1999. He later served as the director of the National Institute on Alcohol Abuse and Alcoholism at the National Institutes of Health in Bethesda, MD. After leaving the National Institutes of Health, Dr. Li became a professor of psychiatry at Duke University School of Medicine in Durham, NC, until retiring in 2013.

Dr. Li earned his undergraduate degree from Northwestern University and his medical doctorate from Harvard University. He completed his residency training at Peter Bent Brigham Hospital in Boston where he was chief resident in 1965.

He is survived by his wife of 58 years, Susan Ning Li, who taught social work at IUPUI. The Susan Li Conference, conducted annually at Fairbanks and Hope Academy, is named in her honor.

Memorial donations be either made to:

1. The T.K. Li Chair in Medical Research at Indiana University School of Medicine. Make checks payable to: IU Foundation and mail to IUF: PO Box 7072; Indianapolis, IN 46207-7072. Indicate "In memory of T.K. Li" on the memo line. You may also make donations online at medicine.iu.edu/give.
2. The T.K. Li Lectureship on Alcoholism, Research Society on Alcoholism, 7801 N. Lamar Blvd., Suite D-89, Austin, TX 78752-1038.

Employee spotlight: Edgar “Junior” Meyer

Edgar “Junior” Meyer isn’t a native Hoosier, but has experience with what the patients and clients at Fairbanks are dealing with.

Meyer grew up on the Hawaiian island of Oahu. He moved to Indiana three years ago with his girlfriend and started working at Fairbanks. While he misses his home, being here “has blessed me in different ways. It’s been really good for me.”



Surprisingly, he likes the cold weather and changing of seasons. “It’s something different,” Meyer said. “Watching the leaves change color and fall is a spiritual thing for me. I’m learning to get better at raking them too.”

As an evening coordinator at Fairbanks, “I’m basically here to help anyone with anything.” That can be talking with patients’ relatives, showing

patients the facility and how to navigate their treatment. Meyer considers his main role to engage with patients.

“That’s what I do every day in every part of the facility,” he said. “Wherever they’re coming in, I try to be a source of hope for them.”

Meyer sees patients at every level of care, from when they arrive to when they’ve successfully finished treatment and are discharged.

“I can see them at their worst, but watch them get better,” he said. “I also see people doing really well and coming back to visit long after they’ve been treated. It’s a nice feeling to be part of that.”

Meyer has been in recovery for over 11 years. He worked in a similar role at a Hawaiian treatment center.

“I bring my experience to Fairbanks,” he said. “That’s how I feel I’m able to help these people no matter where they’re at in their journey to recovery. I can tell them where I’ve been, and show them a way out.”

Meyer was a certified aircraft mechanic before finding treatment and recovery. He’s been asked why he doesn’t go back to that career. His answer: “Someone helped me through (my own addiction). I’m going to do my best to do the same thing for others. I feel like I owe it to people who are struggling with this disease.”

He tries to go into work every day with the goal of saving one life. Some days are tougher than others. He recently lost a friend to alcoholism. When that happens, he figures the best way to honor their legacy is by helping the next person.

“I know I can’t save them all, so I’m going to try to at least save one,” Meyer said. “Hopefully I can help direct them to a different path.”

Family counselor talks interventions at Fairbanks



One thing Bruce Perkins has learned, over many years and thousands of interventions, is that it’s a myth that you can’t help someone with a substance-use disorder (SUD) into recovery unless they want it.

In recovery himself, the Muncie-based family counselor and interventionist decided to study therapy after getting sober. Since then, he’s orchestrated over 2,000 interventions, which is the process of getting someone with an SUD into treatment. Perkins presented a public forum on interventions this fall at Fairbanks.

They typically start with the interventionist or counselor receiving a call from the subject’s family or a treatment center. Perkins will schedule an initial session with relatives to learn details. He uses that information to determine the severity of each situation and whether it requires an intervention or just monitoring.

If an intervention is deemed necessary, Perkins meets with anyone who wants to participate. They’re asked to write lists about the person, both what they love about them but also how their substance abuse is hurting them. However, Perkins doesn’t believe in using shame to persuade someone into getting treatment.

“We addicts and alcoholics are down on ourselves enough,” he said. “Using shame in an intervention can often be quite destructive.”

A common hurdle in interventions is that many people in active addiction don’t think their habit is really that bad. They’ll use many defense mechanisms when confronted about it – from intellectualizing to playing a victim. That can make it a delicate balance of lovingly and respectfully conveying how their addiction is affecting their family and friends without resorting to humiliation.

“The intervention has to be a unified front,” Perkins said. “It’s not about ganging up, but showing you love this person so much that you want them to get help.”

Those needing an intervention for a loved one may contact Perkins through his website, BrucePerkins.com. Those who are ready for help with a substance-use disorder may contact Fairbanks at 800.225.4673 or learn more at FairbanksRecovery.org.

Fairbanks names new medical director

Fairbanks has named Dr. Andrew J. Sonderman its new medical director.

Dr. Sonderman previously worked for Fairbanks from 2012-16—including serving as the interim medical director in 2015—before returning as a staff physician in 2017.



Prior to working at Fairbanks, Dr. Sonderman was an anesthesiologist at Northside Anesthesia Services for 16 years. He also served as medical director for the Indiana Pharmacists Recovery Network and operated a private practice in outpatient addiction medicine through Clearvista Recovery Associates.

Dr. Sonderman is a graduate of the University of Evansville and the Indiana University School of Medicine. He is board certified through the American Board of Addiction Medicine and has professional memberships through the American and Indiana societies of Addiction Medicine.

Fairbanks now offering outpatient addiction treatment online

Fairbanks has launched the first licensed online Intensive Outpatient Program (IOP) in Indiana. It's designed for clients who are unable to regularly attend in-person IOP sessions.

Just like the existing IOP, Fairbanks' online version uses an evidence-based, comprehensive, holistic treatment program for adult men and women with alcohol and other substance-use disorders. It focuses on intensive individual therapy and an extensive learning curriculum to address the root cause of addiction while providing a confidential setting to work around the client's schedule.

The online IOP also offers individualized treatment and therapy sessions, increased accountability and is covered by most commercial insurance.

"It's geared toward someone who has a lot of responsibilities and, because of work and/or family commitments and confidentiality concerns, can't get to physical services," said Robin Parsons, Fairbanks' chief clinical officer.

Participants can expect online meetings with a counselor, with sessions and assignments in between. Treatment plans are developed and tracked for each client. Online IOP typically lasts between six and 12 weeks for each individual.

To learn more and schedule an assessment, call 800.225.4673 or visit FairbanksOnlineIOP.com.

Dr. Dennis K. Rhyne returns to Fairbanks staff

Fairbanks welcomes back Dr. Dennis K. Rhyne to its staff. He returns to Fairbanks to serve as a psychiatrist and addictionologist, which helps the organization treat more individuals with co-occurring disorders as well as provide more staffing in the medical office.



Co-occurring disorders are the coexistence of both a mental health and substance-use disorder.

Previously Dr. Rhyne served as Fairbanks' chief of psychiatric services and assistant medical director from 1999 to 2015. After that he worked in addictions and general psychiatry for Centerstone Behavioral Health in Bradenton, FL, and has also served as a flight surgeon for the Indiana Air National Guard and a psychiatric consultant for the Indianapolis Colts.

Dr. Rhyne attended medical school at the University of Wisconsin and completed his psychiatric residency at the University of California. He has certification from the American Board of Psychiatry and is a certified Suboxone provider.

Fairbanks announces new chief nursing officer

Theresa Anderson has joined Fairbanks' staff as the new chief nursing officer and director of nursing. She started her new role at the end of November.



Judy Feldman previously held the position and now serves as Fairbanks' director of nurse practitioners. Feldman, who has multiple degrees from the IUPUI School of Nursing, is board-certified as a registered nurse and a psychiatric mental health nurse practitioner.

Anderson comes to Fairbanks from Witham Health Services in Lebanon, where she served as clinical director of the hospital's surgical and critical care units. Prior to that she was manager of the resource center at St. Vincent and site administrator/chief nursing officer of St. Vincent Seton Specialty Hospital in Indianapolis.

Anderson has associate's and bachelor's degrees in nursing from Indiana University-Kokomo and an MBA with dual concentrations in management and human resources from the Indiana Institute of Technology.



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Top substances treated at Fairbanks:

Adults:


Alcohol | Opioids | Sedatives | Amphetamines


Adolescents:

Cannabis | Opioids | Amphetamines | Sedatives

Data collected from all patients who sought treatment at Fairbanks from 7.1.18-12.15.18.

Connect with Fairbanks on social media

 Stay up to date with what's happening at Fairbanks, receive recovery inspiration and learn about new trends in treatment and recovery. facebook.com/fairbanksd

 Connect with Fairbanks and receive industry statistics, professional training opportunities and job openings!

 @fairbanksd

 @fairbanksd

UPCOMING EVENTS

Sunday, February 24
Taste of Hope

Thursday, April 18
Circle of Hope

Saturday, March 2
Open Mic Night

Saturday, June 1
Open Mic Night

For more information about these events, please contact Yvonne Matlock at ymatlock@fairbanksd.org or visit FairbanksRecovery.org/special-events.

The 2017-18 Fairbanks Annual Report is now available online.

Here's what you'll see inside:

- Stories of recovery
- Hope Academy highlights
- Volunteer and alumni relations
- Our programs and services
- Details of operations
- Donor spotlight



FairbanksRecovery.org/news-resources/annual-report