



Fairbanks Family Programs

Recovery Management for Families

Open to families and friends ages 18 and older. Patients may not attend. Group includes friends and families of current patients, as well as for families with individuals not involved in treatment with Fairbanks. Participation may continue even after the client has completed treatment with Fairbanks.

6-8 p.m. Wednesdays in the Fairbanks Recovery Center with counselor Rick Long

Individual Family Therapy

Family therapy is offered on a referral basis from the client's primary counselors. Sessions are approximately 50 minutes and can be provided for 3-5 sessions. Children may be included if deemed therapeutically appropriate.

Educational Lectures & Group Therapy

For patients and their loved ones (spouses, significant others, parents, relatives, children ages 12 or older, friends, pastors, 12-Step supporters and employers). There is no fee for any of our family services or programming.

For Adults

Group Description	Time, Day, and Location
Inpatient	6-8 p.m. Wednesdays Fortune Hall
Partial Hospitalization Program (PHP)	1-4 p.m. Fridays Fairbanks Recovery Center (lecture from 1 to 2:15 in Room 128 and 2:30 to 4 p.m. in the designated group room)
Intensive Outpatient (IOP)	6-9 p.m. Thursdays Fairbanks Recovery Center

For Adolescents and Young Adults

We offer the following family support and education for the adolescent and young adult program:

- Family Therapy Group – For patients and their immediate family members only.
- Family Education – An eight week course for immediate family members only.
- Parent Support Group – Continued support available for immediate family members upon the completion of family education class.

Group Description	Day of Week	Time
Family Education Group	Thursday	6-7:30 p.m.
Family Visitation	Thursday	7:30-8:30 pm
	Saturday	11-11:30 am
	Sunday	11-11:30 am
Family Group Therapy	Saturday	9:30-11 am
	Sunday	9:30-11 am
Adolescent IOP	Monday	5-8 pm
Odyssey IOP	Tuesday	6-9 pm

Day of the Week to Attend Depends on the Counselor