

# Outpatient Care

*Together  
We Can*

## Designed For Those Who Need Recovery Services While Living At Home

Fairbanks outpatient services provide flexible, customized support while allowing patients to attend school, maintain employment or stay connected to family. Because recovery is an on-going process, Fairbanks offers a variety of programs to help provide patients the help they need while receiving the guidance and support that fits into their life.

### Partial Hospitalization (PHP)

For medically stable individuals who live in a supportive environment and have access to reliable transportation, the Partial Hospitalization Program (PHP) is comparable to inpatient care, yet allows a patient to return home nightly. The patient goes through intense rehabilitation treatment during the day, but is not required to stay overnight.

### Intensive Outpatient (IOP)

Fairbanks offers specialized IOP programs for men, women, young adults and adolescents as well as a relapse prevention program. This program typically meets three times a week for three hours a session. Education is offered to individuals and their families along with specialized family programming.

### Medication-assisted Therapy (MAT)

Fairbanks offers outpatient MAT services for individuals who require ongoing medication. Patients receive support and prescription guidance from our staff of doctors and nurses.

### Relapse Prevention Groups

Designed for adults and adolescents in the early stages of drug and alcohol use, educational groups provide guidance and support. These programs motivate participants by assisting them to make the connection between life problems and their use of drugs and alcohol.





# Fairbanks®

## Experts In Recovery

**FairbanksCD.org | 800-225-HOPE**

Addiction Treatment and Recovery | 8102 Clearvista Parkway | Indianapolis, IN 46256

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## Fairbanks Programs & Services

### Inpatient Care

- Detox
- Rehab
- Residential Treatment

### Residential

- La Verna Lodge—Men's
- La Verna Lodge—Women's

### Outpatient Care

- Partial Hospitalization (PHP)
- Intensive Outpatient (IOP)
- Medication-Assisted Therapy (MAT)
- Relapse Prevention Groups

### Supportive Living Program (SLP)

### Recovery Support

- Recovery Coaching
- Family Support Groups
- LINK

### Education

- PRIME for Life®
- Marijuana Education
- Susan Li Conference
- Speakers Bureau

### Alumni & Volunteer Activities

#### Hope Academy

- Tuition-Free Recovery High School