

# Intent Heals

*A workshop at Fairbanks*

Intent Heals is an experiential workshop designed to facilitate a deeper awareness and appreciation for the people who have touched and shaped our lives. Participants will receive their own personal journal, along with a silk bag, to continue the journaling process after the workshop.

**Saturday, January 28, 2012**

**9:30a.m. – 12:00p.m. in the Fairbanks Recovery Center**

Learn how the power of intention, daily prayer and healing on physical, emotional, psychological and spiritual levels can change your life. These hand-made journals are made in Nepal and offer a tangible way for people to engage in prayer, gratitude and forgiveness. Facilitator Elaine Voci, Ph.D., has an extensive background of training in Gestalt therapy, group facilitation, life coaching and the Intent Heals process.



**Cost: \$25 includes a complimentary Intent Heals Journal and silk bag**  
Visit [www.Elainevoci.com](http://www.Elainevoci.com) to watch a video about the Intent Heals Journal workshop.  
To register call Kathleen Gill at 317.572.9469 or email [kgill@fairbanksd.org](mailto:kgill@fairbanksd.org).

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